



BOOKNOTES



Volume 22 Issue 7/8

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P.O. Box 235, Murrieta, CA 92564

July/Aug. 2019

PRESIDENT'S MESSAGE.....

Rita Nastro

Again the Library's summer reading season began with great gusto and continues. By our last meeting of the year, the Library had already enrolled lots of kids and adults as well. Furthermore, the list of programs and movies and activities for adults and children is endless. Having been to our April meeting where Kathryn and Ashley updated us on what is involved in setting up just one program...wow, can you imagine the planning that goes into a summer of fun at the Library. This truly makes me so proud to be a part of the community that supports this event.

Congratulations to the Corner Bookstore on another exciting and productive Overstock Sale in June. This is, along with daily sales at both our bookstores, an additional fundraiser that the Friends have to provide the funds for all of those fun programs for the Library patrons. Of course, you don't have to wait for an Overstock Sale to stop in to either of our Yelp Rated, 5-Star Bookstores. Our Air Conditioners are in great working order, so drop by, be cool and take some time to browse, and of course, buy one of your favorite books.

We will not be hosting a Friends of the Murrieta Library meeting in either July or August, but Maggie and Judy have put together an exciting Fall season of interesting speakers. So put the dates shown under programs on your calendar for continued enjoyment. I heartily encourage you to bring a friend. There is no charge and you never know when you are going to meet a new Friend.

Have a safe and wonderful summer.



"The advancement and diffusion of knowledge is the only guardian of true liberty."

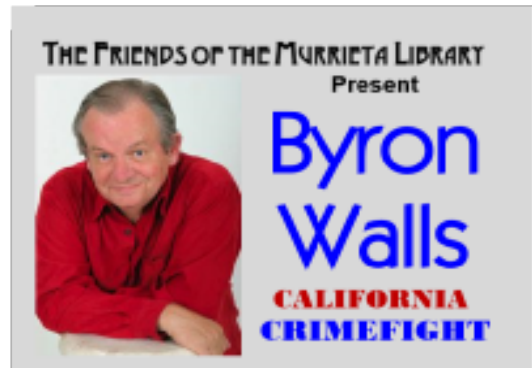
.....James Madison

PROGRAMS

Maggie Pilotte and Judy Call Co-Chair

We are dark during the summer months of July and August. But mark your calendars with these dates for the upcoming fall programs now so you do not forget:

September 17—Byron Walls



Byron has been speaking on the subject of crime safety since 1980. He's a folksinger, actor and comedian, and his experience as an entertainer makes for a unique and interesting presentation. While he also educates his audience on the issues such as street crimes, home protection, car safety, fighting tactics and the pros and cons of weapons.

**OCTOBER 8TH—NOTE CHANGE OF DATE
2ND TUESDAY INSTEAD OF 3RD**

AUTHOR—LARRY BURNS

Check your email for eblast concerning additional information on this author.

Also, for additional information on these programs, and other pertinent information regarding the Friends, please visit the Friends' website: www.murrietalibraryfriends.org

You will be pleasantly surprised at everything that is available to you on the website, thanks to our talented webmaster, Dan Rexwinkel.

"Intelligence plus character — that is the goal of education."

.....Martin Luther King, Jr.

Another One for the Books

The sidewalk in front of the Corner store once again was bustling with customers and LOTS of books for the June 22nd Overstock Sale which added \$1,129.75 to our coffers. None of this is ever possible without the amazing hard work of a wonderful team. It started on Friday evening with MVP's Kathy and Greg Cagle, who efficiently took up to the front of the store all the many, many, MANY boxes of books, along with all the tables, bins, and crates and signs we use for the sale. On Saturday morning they were back bright and early, along with Ann Hickey and six LDS Missionaries, to set up everything outside. Ann covered the outside sales in the morning, and Jacqueline Reed manned the cash register inside. Kelli-Ann Almeida came in an extra day to take care of the afternoon inside customers, and the Cagles continued throughout the day keeping everything on the sidewalk organized. At closing, the crew, along with seven LDS Missionaries, reboxed what was left after the sale, and helped the Discover Books driver Oscar load them into his truck. **Then** they brought in and put away all the tables, bins, crates, signs, and other supplies. **Whew!** And all done with great efficiency and laughter!

What about manning the sales outside in the afternoon? That was thanks to the MVT (Most Valued Traveler) Bea Schugg, who came *all the way from Minnesota!* Bea was a long time volunteer at the Corner Store who moved back there about five years ago. She misses us so much, she made a special trip just to be here for the Sale and a few more days to help out in the store. Way to come, Bea! "Thank you" doesn't even cover our gratitude. What a joy it was to have you here!

Again, MANY, MANY, MANY thanks to all!

Looking forward to the **next Sale on October 26th**

Mark your calendars
Nancy Dixon

Classified Ads...

Internet Sales at the Corner Bookstore: Needed:

A person who love books, loves to do research on books, is computer literate and is wondering what they could do to fill their spare time—with, preferably, something useful. The Corner store needs someone to manage their on-line sales. There will be on-the-job training, pleasant working conditions and the satisfaction of helping support our Murrieta Public Library.

Publicity Chairman: This person shall be responsible for communicating all events, programs, fundraisers, etc to the community through news publications, magazines, through our website, etc. in order to increase attendance, participation, support and awareness. He/she should enjoy creative writing and be able to communicate via email to our local media monthly. It only involves a few hours per month.

Special Events Chairman: These are one-time events throughout the year and include the Friends participation in the Fire and Rescue BBQ in April, Field of Honor Flag sales in November, Friends of Libraries Week in October and The Christmas Tree in Town Square. There is a budget for these activities and the chair will be working with other Board members (Membership Chair and Bookstore Managers) to promote these events

Creative Person—to help with the decorations in the Corner Bookstore Children's Corner. All decorations supplied and they are changed monthly to fit the theme or holiday of the month.

rnastri@verizon.net or 951-698-8640

Be a significant part of this significant organization by volunteering. We hope to be flooded with calls for those of you seeking more information.



Use this to go to Friends
[@MurrietaFOML](#) Facebook page

I HAVE A "MAGIC"



AND IT OPENS THE DOORS TO A WONDERLAND

OF BOOKS

Buy A Good Book



Support A Good Cause

AT TOWN SQUARE

Eight Town Square at the
Library-Adams & B Street
Phone: 600-5724
Hours: Mon-Fri.....10 to 4
Saturday.... 12-4
Closed on Library holidays

AT THE CORNER

39445B Los Alamos Road
Murrieta Gateway Center
Phone: 677-5350
Hours: Mon, Tues, Thurs....10 to 4
Wed & Sat.....10-6
Friday.10-8

THE BRAIN TRUST

Ways to help boost your brain and stay sharp.

Learn Something New.....Your brain is like a muscle. The more you use it, the more you can use it. Learning something new makes a new connection. Something different out of your comfort zone.

Take a Walk.....Simply walking may be enough of a daily workout for the body and the brain. 2 miles produces a thicker hippocampus—the portion associated with emotion and long term memory and better cognitive function.

Be a Social Butterfly.....Talking, listening, connecting and socializing—whether during a walk, over lunch, through a book club or with a phone call—can be a super dose of much needed mental fitness.

Food for Thought....Eat healthy. Avoid late-night snacking and practice light fasting. For a sweet tooth, eat blueberries. Be sure to talk to your doctor before altering your diet. Eating a handful of walnuts every day might be the easiest way to better brain (and heart) health.

Stop and Smell the Rosemary.....Using our senses, especially the sense of smell, can trigger many emotions and memories. One herb in particular has proven to enhance the memory on an every day basis. Smelling, spritzing, sipping or cooking with fresh rosemary, can improve cognitive function and speed up memory. Also lowers anxiety and improves concentration.

Take a Nap.....A 40-minute nap can transfer memories from the hippocampus to the “long-lasting knowledge networks of the cortex.” A recharge that can have powerful effects on learning and storing memories.

Challenge Yourself in Fun Ways.....Walk backwards—in a safe place; write with your left hand; memorizing steps in a dance class. Work your brain the way you work your muscles, and it works.

THE BRAIN TRUST.....Continued

And Last But Not Least.....Volunteer..... Just in the Friends’ organization alone, and the Library, there are many opportunities for a variety of activities in which to be involved and get that “well done feeling” knowing you are helping a worthwhile cause. Or whatever organization that is dearest to your heart. There is always a need for volunteers.

.....Maria Shriver Article in Health

MEMBERSHIP.....Karen Michaud, Chair

Dear Friends of the Murrieta Library Membership

Thank you to all who renewed their membership this spring. Your support of the Murrieta Public Library is very much appreciated. Sixty-five people have renewed so far and a special thank you goes to our newest Lifetime Member: Patricia Shaughnessy.

In addition, welcome to new members: Marian Lazarus and Savannah Cadel

MOON WALK.....July 20th marks the 50th anniversary of the first humans landing on the moon July 20, 1969. During the Apollo program of the 1960s and 1970s, NASA sent nine missions to the moon. Six of them landed astronauts safely on the surface, the only times humans have visited another world. Apollo 11 is being celebrated at many places, including the President Nixon Library in Whittier. .

*There is no App like a
mother with a child on
her lap*



OUR LOGO

REPRESENTS.....



Libraries and Book Lovers..... The Open Book
The City of Murrieta.....The Letter M
The Gem.....Murrieta is known as
“The Gem of the Valley”

It also stands for all our volunteer “Gems”

OUR MISSION STATEMENT

As the Friends of the Murrieta Library,
our mission is to support the
Murrieta Public Library through fundraising,
advocacy and volunteerism, and to promote
awareness of and support for the Library as it
serves the informational, educational,
cultural and recreational needs of our
Community.

MURRIETA PUBLIC LIBRARY NEWS

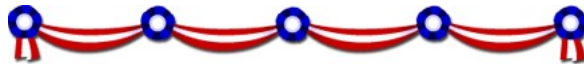
Elise Malkowski, Library Manager



Dear Friends,

Summer Reading fun continues at the Murrieta Public Library! The Summer Reading Challenge began on June 10th and goes through July 20th. Upcoming family programs include: **Juggler Michael Rayner** on July 10th at 10:00 a.m. & 11:15 a.m. and **Animal Magic** on July 17th at 10:00 a.m. & 11:15 a.m. Attendance is limited to 90. Wristbands will be available 30 minutes before each event. Please arrive early as parking and event space will fill up quickly. For teens, there will be a **Teen Film Contest** July 1st -7th and **Taste Test Japan** on July 18th at 4:00 p.m. Registration and waivers are required for Teen programs. Go to <http://bit.ly/murrietateens> for more information. The adults will have an opportunity to learn the basics of color pastel drawing at the **Beginning Pastels** program on July 10th at 2:00 p.m. On July 15th at 3:00 p.m. is **Gardening with California Native Plants**. As you know, the majority of the Summer Reading Challenge is sponsored by the **Friends of the Murrieta Library** with your generous donation of \$10,000, which is used for performers, supplies and incentives. The Summer Reading Challenge is also made possible by the local businesses who donate coupons and other items for reading incentives. There are many programs for all ages.

Once again, I would like to thank the **Friends of the Murrieta Library** for all that you do! Your continued support, efforts in fundraising and volunteering are truly appreciated by all!



Knowledge is free at the Library. Just bring your own container

Libraries store the energy that fuels the imagination. They open up windows to the world and inspire us to explore and achieve, and contribute to improving our quality of life. Libraries change lives for the better.

.....Sidney Sheldon

Sign up a friend—Print, _____ or drop off at _____ cut off and mail form below to P.O. Box 235, Murrieta 92564 the Library or either Bookstore.



NEW MEMBERSHIP / RENEWAL FORM

NAME _____

ADDRESS _____

CITY, ZIP CODE _____

PHONE: _____ EMAIL _____

MEMBERSHIP DUES

- Individual.....\$15.00
- Family.....\$20.00
- Supporting..... \$25.00
- Patron.....\$50.00
- Business..... \$100.00
- LIFETIME.....\$250.00

Lifetime members receive an **engraved leaf on the "GIVING TREE"** in the Library.

Famous Last Words

On July 4, 1826, exactly 50 years after the Declaration of Independence first asserted American sovereignty, former presidents John Adams and Thomas Jefferson both passed away. Jefferson desired to live until July 4th so “that he might breathe the air of the Fiftieth Anniversary.” His last words, spoken the night before his death in the early afternoon of July 4th, are traditionally given as “Is it the Fourth?” Adams died in the early evening hours after Jefferson. According to tradition, Adams uttered the final words, “Thomas Jefferson survives,” unaware of the fact that his longtime friend had just passed away.



In lieu of a 4th of July celebration, Murrieta celebrated its annual birthday—its 28th—on June 29th with bands, fireworks, and firefighters’ hosedown. Hope many of you were able to attend.



LIBRARY ADVISORY COMMISSION

This commission meets the 3rd Monday of every even month at 6:00 P.M. in the Community Room of the Library. As Library supporters and enthusiasts it is important that the public attend these meetings as often as possible to show an interest and encourage the people who volunteer their time and knowledge to serve on this commission.

“My definition of a free society is a society where it is safe to be unpopular.”

.....Adlai Stevenson

The Friends of the Murrieta Library’s website is full of information about upcoming programs, current and past *Booknotes*, location of our two remarkably complete Bookstores, membership applications, Officers and Directors’ names, volunteer opportunities and other useful information. Use this link for direct access to our website.

www.murrietalibraryfriends.org

Summer City Events

Concerts in the Park: 7/6-Born on the Bayou
7/13-Woody & the Harrelsons
7/20-Floggig Seagulls
7/27-Ruben V & the Latin Sounds

Movies in the Park– 8/3-The Little Mermaid
8/10-Aquaman

Free Admission * Bring Lawn Chairs or Blanket

All these events are at California Sports Park. The bands are at 6-8 P.M. The movies begin at dusk. (Around 8 P.M.) For additional information call (951) 304-PARK (7275)

**THE STAR
SPANGLED
BANNER**



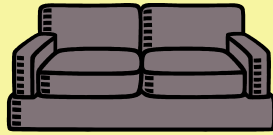
*Oh say can you see?
By the dawn’s early light
what so proudly we
hailed at the twilight’s last gleaming;
Whose broad stripes and bright stars,
through the perilous fight,
O’er the ramparts we watched
were so gallantly streaming.
And the rocket’s red glare,
the bombs bursting in air,
Gave us proof through the night
that our flag was still there:
Oh say does that Star Spangled
Banner yet wave?
O’er the land of the free
and the home of the brave!*

Historic Downtown Murrieta has some very nice antique/gift shops that are worth stopping in and checking out. Little House of Treasures, one of our Sponsors in Booknotes, is located next to the post office on Washington. Also on Washington, under new ownership, is ReBorn Treasures that offers a great selection of constantly changing items. On the corner of Ivy and Adams is a shop called Cottage Charm. These shops need our local support. **So shop and dine in Murrieta. This keeps our tax dollars here.**

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24651 Washington Avenue
Murrieta

Phone: 696-0626 (24 Hrs)

601 Crane Street, Unit D
Lake Elsinore

Phone: 674-3703

41743 Enterprise Circle N.
Temecula

Peter Hamilton, Owner
Debbie Hartman, Manager

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