FRIENDS OF THE MURRIETA LIBRARY
Present Clinical Social Work/Therapist

Stephanie Shaffer, MSW, LCSW

When: Tuesday, November 17, 2026, 1:00 pm

Where: Murrieta Library Lab Room (inside the Library)

& Town Square (On Adams between Juniper & Kalmia)

Have you experienced a life-altering loss and wonder how to move forward? Whether you are grieving the death of a loved one, facing a serious diagnosis, or adjusting to another major life change, you do not have to navigate your loss alone

For over 20 years, Stephanie has helped individuals & families navigate grief and loss. She has worked with the traumatic brain injury population, was a hospice social worker for a decade and now in private practice.

- Founder, Be Resilient Institute
- International speaker (3×), workshop facilitator, corporate trainer
- Two-time Amazon #1 best-selling author
- Podcast host: Broken. Adjust. Heal.